

# WHITEFISH COMMUNITY CENTER

### THE GOLDEN GAZETTE

### SEPTEMBER EDITION 2024

#### SEPTEMBER 2024 **BIRTHDAYS!**

Dave Armstrong Mary Beth Blumhardt Heidi Clausen Ieni Dawson Michael Free Jennifer Gjullin Carrie Hanson

Willo & Jacque Harris

Jacque Harris Erin Keefe Zach Leach Robbin Lee **Shelley Mccoy** Suszanne Mees Gordon Rodewald

Danna Schultz Rebecca Scoggins

Jane Shryock

Linda Smith

Joanie Sorenson Karen Stanley

Don Stolte

Patricia Stragnola

Amanda Vu

Joana Ward

Rea Warrecker

Laura Whittemore

Dan Dansby Sue Williams

### Stonehenge Air Museum - Field Trip!



9:30 am This trip offers a great chance to learn about aviation history and spend time together.

Join us for a guided tour of the Stonehenge Air Museum, where we will explore a range of historical aircraft and aviation exhibits. The museum offers an in-depth look at the development of aviation, featuring a variety of aircraft and informative displays.

We will meet at the Whitefish Community Center at 9:30 am, be picked up by Mountain Climber and then depart for Stonehenge Air Museum. Lunch will be provided at a nearby pub!

The cost for this field trip is \$12 per person, which covers both the museum admission, transportation and lunch.

#### Registration is required -

Please fill out the form online or Contact the Center:

Text or call: 406-200-8225 Email: tara@whitefishcommunitycenter.org Exploring Grand Canyon



Let's explore Grand Canyon National Park!

Linda Smith will guide us on an adventure through 1.5 billion years of Earth history.

We will examine how sedimentary

rock is deposited and how fossils can help us understand the

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distant past. We will see how people explore the park today, hiking on foot, riding a mule or rafting the Colorado River. John Westley Powell will be joining us....(only in spirit) This will be a fun presentation. The scenery will be spectacular.

#### FURTHER THOUGHTS & ACTIVITIES

#### Mental Health First Aid September 10th - 9:00am-5:00pm

Want to learn more about how to support your loved ones through a mental health crisis? Nate Chute will be proving a Mental Health First Aid program at the center. If you intend to join, please reserve beforehand with their outreach coordinator. The adult Mental Health First Aid course is appropriate for anyone 18 years and older who wants to learn how to help a person who may be experiencing a mental health-related crisis or problem. Topics covered include anxiety, depression, psychosis, and addictions.

Registration is required - please email info@natechutefoundation.org and include any accommodations you require to participate

September 2nd 6pm Crit Night- The Making Place

September 5th 11:15am Diabetes Education w/ Carrie Archibald- Clinical Dietitian

September 18th 11:00am Tish Tours- Travel Presentation September 26th 9am Stonehenge Air Museum

121 East 2nd Street Whitefish, Montana 59937 Phone: 406-862-4923

E-mail:gather@whitefishcommunitycenter.org

Facebook: Whitefish Community Center www.WhitefishCommunityCenter.org

#### SPECIAL SHOUT-OUTS



### The Great Fish Community Challenge is almost over! - Join us to celebrate!

Thank you to everyone who has helped us move closer towards our goal of \$50,000. Come by our booth at the Great Fish Fun Run and Community Celebration. We are also planning to celebrate the completion of the challenge on the 13th and you are invited!

September 13th 4:00pm **Sign Waving and Celebration** 

September 7th 9am **Great Fish Fun Run and Community Celebration** 

## SEPTEMBER ACTIVITY CALENDAR

MON	TUE	WED	тни	FRI
LABOR DAY NO PROGRAMS	3 9:00 WHITEFISH TOGETHER 10:00 SENIOR FITNESS 11:15 LUNCH SERVICE 12:00 CRIBBAGE/PINOCHLE	4 10:00 TAI CHI 11:00 MAHJONG 11:15 LUNCH SERVICE	5 10:00 SENIOR FITNESS 11:15 DIABETES EDUCATION- CLINICAL DIETITIAN 11:15 LUNCH SERVICE	6 11:15 LUNCH SERVICE
9 9:30 YOGA 11:15 LUNCH SERVICE 1:00 BINGO	10 9:00 MENTAL HEALTH CLINIC 11:15 LUNCH SERVICE 12:00 CRIBBAGE/PINOCHLE	11 10:00 TAI CHI 11:00 MAHJONG 11:15 LUNCH SERVICE	12 10:00 SENIOR FITNESS 11:15 LUNCH SERVICE	13 11:15 LUNCH SERVICE
16 9:30 YOGA 11:15 LUNCH SERVICE	17 9:00 WHITEFISH TOGETHER 10:00 SENIOR FITNESS 11:15 LUNCH SERVICE 12:00 CRIBBAGE/PINOCHLE	18 10:00 TAI CHI 11:00 MAHJONG 11:00 TISH TOURS 11:15 LUNCH SERVICE	19 10:00 SENIOR FITNESS 11:15 MEMBER BIRTHDAY LUNCH	20 11:15 LUNCH SERVICE 12:30 BOOK CLUB
9:30 YOGA 11:15 LUNCH SERVICE 3:30 PM SPOKEN WORD STORY WORKSHOP W/ BARBARA	24 9:00 WHITEFISH TOGETHER 10:00 SENIOR FITNESS 11:15 LUNCH SERVICE 12:00 CRIBBAGE/PINOCHLE	25 10:00 TAI CHI 11:00 MAHJONG 11:15 LUNCH SERVICE 2:15 EXPLORE GRAND CANYON WITH LINDA SMITH	26 10:00 SENIOR FITNESS 11:15 LUNCH SERVICE 9:00 STONEHENGE AIR MUSEUM	27 11:15 LUNCH SERVICE
30 9:30 YOGA 11:15 LUNCH SERVICE				

#### THANK YOU!

#### Safeway Florals

Thank you for donating florals each week for our dinning area. This contribution makes the center feel warm and inviting for all of our visitors.

#### Foster Flower Company

Thank you for donating flowers for our front porch garden area. Our Volunteers Karen and Rosa were able to make our front garden area as beautiful as it is because of this contribution.

#### Volunteer Shoutout

Thank you Karen Whitby for coming in each week to display flowers and going above and beyond this month to help organize storage. Here is a photo of her oil painting this month!

